



Using Memoirs

Mildred Armstrong Kalish grew up on her grandparents' farm in Iowa during the Great Depression. She wrote about her experiences in her memoir, *Little Heathens: Hard Times and High Spirits on an Iowa Farm During the Great Depression* (New York: Bantam Books, 2007). She gives a loving and realistic portrait of what farm and rural life was like during the Great Depression, including work, play and family life. The book is a joy to read gives a very detailed picture of daily life during the Great Depression. Students can read this book and discuss it in class. They can also select Indiana photographs that are similar to her depictions of life in Iowa. There is more information about the book and author on the website at <http://www.little-heathens.com/index.html>.